

THE
METROPOLITAN
BAR & DINING

DINING MENU

NIBBLES

Selection of marinated olives £3.95 (vg) (gf) **M**

Bread and olives £5.75 (vg) **M**

Breads, white bean houmous, oils, mixed olives

Garlic and rosemary focaccia £4.50 (v) **M**

Garlic butter, rocket leaves

Antipasto sharing board £14.95

Rosemary focaccia; olives, buffalo mozzarella, serrano ham, roasted garlic, artichoke hearts, chorizo, gorgonzola

Vegan sharing board £16.95 (vg)

Chick pea fritter, tofu terrine, sweet potato hash cake, Thai tofu skewers, spicy redcurrant and coconut dip, orange glaze

Fish sharing board £17.95

Curried panko calamari, smoked haddock fishcakes, crayfish cocktail, cod goujons, bread shards, dips

STARTERS

Soup of the day £5.95 (v) **M**

Crusty bread, salted butter

Smoked haddock fishcake £7.25 **M**

Poached hen's egg, baby spinach, wholegrain mustard cream

Pan-Seared pigeon breast £8.25 (gf)

Cauliflower purée, crispy shallots, port jus

Black pudding Scotch egg £6.95 **M**

Quail egg, mushy peas

Tofu and butternut squash terrine £7.50 (vg) (gf)

Redcurrant stuffing, orange glaze, toasted gluten free bread

Wild mushrooms £5.95 (v) **M**

White truffle oil, toasted brioche, Gran Moravia, rocket

Curried panko Calamari £6.75

Coconut, chilli and coriander dip

MAINS

Slow braised shin of beef £14.25 (gf)

Horseradish mash, roasted root vegetables, red wine gravy

Pan roasted chicken breast £14.25

Chorizo, ratatouille vegetables, fettucine, tomato and basil sauce

Roast Beetroot and baby squash Wellington £10.25 (v)

Kale pesto, truffle potatoes

Salmon fillet £14.50 (gf)

Roasted crushed new potatoes, bubble and squeak, cream and beetroot purée

Chipotle rubbed belly pork £12.95 (gf) **M**

Creamy polenta and parmesan mash, tomato and basil jam

Grilled sea bass fillet £16.95

Sweet potato & chick pea curry, onion bhaji bon bons, mint yoghurt

Chargrilled soya and ginger aubergine £10.25 (vg) **M**

Charred tenderstem broccoli, red onion, sweetcorn, red chilli, quinoa

Lamb Shank £18.95 (gf)

Sweet potato and beetroot dauphinoise, green beans, rosemary jus

Thai spiced tofu skewers £10.25 (vg) (gf) **M**

Glass noodles, miso, chilli and coriander broth

STEAKS

Frosty's chargrilled steaks

Slow roasted mushroom and tomato, watercress, chips

8oz rump steak £18.95 (gf)

10oz rib eye £22.95 (gf)

A sauce for your steak? £1.95 (gf)

Choose from: Peppercorn sauce, Red wine jus, Blue cheese butter, Mushroom & brandy sauce

TEATIME
AT THE MET

Monday–Friday, 5pm–7pm
2 COURSES for **£15** **3 COURSES** for **£17.95**
ON SELECTED DISHES MARKED **M**

MET CLASSICS

The famous Metropolitan burger £13.95

28 day aged chargrilled beef, bacon, burger sauce, cheddar or stilton, caramelised onion focaccia, homemade chips

*Please read our burger policy in the small print below

Frosty's sausages £11.95 **M**

Creamy mash, French style peas, red wine jus

Seafood pie £14.95

Smoked Applewood & saffron mash, soft free range hen's egg, mixed greens

Veggie sausages £10.25 (vg) **M**

Butterbean and vegetable broth

Beer battered fillet of cod and chips

Large £13.50 / Medium £9.95 **M**

Mushy peas, tartare sauce, Maldon sea salt, sherry vinegar

PASTA & SALADS

Chick pea fritter £13.25 (v) (available vg) (gf) **M**

Radishes, broad beans, garden peas, artichoke hearts, preserved lemon, basil, soft buffalo burrata

Seafood linguine £12.95 **M**

Mussels, crayfish, salmon, garlic, tomato, chilli, lemon, parsley

Sweet chilli beef salad £12.95

Crunchy salad, sesame seeds

Gnocchi in red pepper cream £10.50 (v) **M**

Feta, roasted pine nuts, sweet pearl pepper

Superfood Salad £9.95 (vg)

Kale, baby spinach, beetroot, watercress, fregola pasta, orange, toasted pumpkin seeds, tomato, garlic and oregano vinaigrette

With lemon & oregano chicken fillet £13.50

Or pan fried Scottish salmon £13.50

Or marinated halloumi £13.50 (v)

SIDES

Chips £3.95 (vg) (gf)

Sweet potato fries £4.50 (vg) (gf)

House salad £3.95 (vg)

Mixed seasonal vegetables £3.95 (v) (gf)

Rocket, Gran Moravia and sun-blushed tomato salad £3.95 (v) (gf)

Creamed spinach £3.95 (v) (gf)

Creamy mash £3.95 (v) (gf)

(v) Suitable for vegetarians

(vg) Suitable for vegans

** (gf) Prepared with ingredients that are gluten free

SANDWICHES

12–5pm only

**All sandwiches are served with a choice of:
Soup, Salad or Chips**

Maple cured gammon £8.75

Chargrilled pineapple and chilli salsa, brioche bun

Southern fried vegan fillet £8.50 (vg)

Rainbow slaw, pretzel bun

Smashed avocado £8.75 (v)

With Chicken or Halloumi

Tomato, spinach, toasted sourdough bun.

Beetroot cured salmon £8.95

Celeriac remoulade, served open on buttered bloomer

Roasted butternut squash and field mushroom stack £8.50 (v)

Wasabi mayonnaise, baby spinach, sourdough bun

DESSERTS

Bitter chocolate & hazelnut tart £5.95 (vg) (gf) **M**

Blackcurrant sorbet

Baked orange cheesecake £5.95 **M**

Hot chocolate sauce

Lime and Lemon tart £5.95 **M**

Passionfruit sorbet

Apple and blackcurrant crumble £5.95 **M**

Mint crème fraîche

Sticky toffee pudding £5.95 **M**

Toffee sauce, sticky toffee ice cream

Brioche and Bourbon bread and butter pudding £6.95

Vanilla custard

Cheshire Farm ice creams and sorbets £1.75 per scoop

Fresh berries, homemade biscuit

Please ask your server for today's selection of flavours

Metropolitan cheeseboard £7.50 / £9.95

A selection of three or five of our British cheeses, with a shot of apple juice, spiced fruit compote, grapes, celery and savouries. Choose from:

Harrogate Blue, Crabtree, Richard III Wensleydale, Mrs Kirkham's Smoked Lancashire, Golden Brie, Bourne's Organic Cheshire

A list of allergens that may be found in menu items or at the bar, is available upon request. Fish served may contain some bones.

* Due to legislation regarding the cooking of minced meat, burgers will **not** be available pink and must be cooked through

** (gf) We do not operate a dedicated gluten free area of the kitchen therefore contamination is possible

In order for us to provide you with the freshly prepared food you expect from The Metropolitan there may be a short wait in busy periods. We appreciate your patience and welcome all feedback on your experience

Food and drink is subject to availability.

All tips go to the team who served you

visit us at: themetropolitanwestdidsbury.co.uk