

THE  
**METROPOLITAN**  
BAR & DINING

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**SUNDAY DINING MENU**

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**NIBBLES**

**Selection of marinated olives** £3.95 (v) (gf)

**Garlic and rosemary focaccia** £4.50 (v)  
Garlic butter, rocket leaves

**Bread and olives** £5.75 (vg)  
Breads, white bean houmous, oils, mixed olives

**STARTERS**

**Soup of the day** £5.95 (v)  
Crusty bread, salted butter

**Spiced chicken rilette** £6.75  
Chargrilled sourdough, white truffle butter

**Crayfish cocktail** £7.95  
Baby gem lettuce, cucumber ribbons, capers,  
sun-blushed tomatoes, sweet mustard mayonnaise,  
crusty bread

**Pan-fried oyster mushrooms** £5.95 (vg)  
Chargrilled pumpkin seed bread, vegan hollandaise

**Crab and lemongrass cakes** £6.50  
Asian salad, sweet chilli sauce

**Confit of lamb spring rolls** £6.95  
Feta, olive, cucumber, tomato salad, cumin yoghurt dressing

**Roasted Heritage tomato salad** £6.75 (v)  
Buffalo mozzarella, basil dressing,  
toasted tomato focaccia croutons

**SUNDAY ROASTS**

**ALL SERVED WITH ROAST POTATOES  
AND A SELECTION OF VEGETABLES**

**Roast pork** £14.50  
Apple and mustard compote, crackling, Yorkshire pudding,  
red wine gravy

**Roast topside beef** £15.95  
Yorkshire pudding, red wine gravy

**Rosemary & lemon roasted poussin** £14.50  
Pork and sage stuffing, Yorkshire pudding, red wine gravy

**Roast rump of lamb** £15.95  
Yorkshire pudding, red wine gravy

**A trio of roasts: Beef, lamb and pork** £18.95  
Yorkshire pudding, red wine gravy

**Baked aubergine** £11.95 (v) (available vg)  
Lentil, blue cheese, cranberry and toasted hazelnut casserole,  
Yorkshire pudding, vegetable gravy

**Cous Cous and Mediterranean  
vegetable terrine** £11.95 (vg)  
Yorkshire pudding, vegetable gravy

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**Catch of the day**  
Please ask a member of staff for this week's special

**Roast dinners subject to availability**

**Available Gluten Free (Without Yorkshire pudding)  
Except Vegetable Terrine**

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**SUNDAY  
ROASTS**

**ADD A STARTER for £5.00  
ADD A DESSERT for £3.95**

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## MET CLASSICS

### **The famous Metropolitan burger £13.95**

28 day aged chargrilled beef, bacon, burger sauce, cheddar or stilton, caramelised onion focaccia, homemade chips

\*Please read our burger policy in the small print below

### **Frosty's sausages £11.95**

Creamy mash, French style peas, red wine jus

### **Seafood pie £14.95**

Smoked Applewood & saffron mash, soft free range hen's egg, mixed greens

### **Beer battered fillet of cod and chips**

Large £13.50 / Medium £9.95

Mushy peas, tartare sauce, Maldon sea salt, sherry vinegar

### **Vegan sausages £10.25 (vg)**

Olive oil mash potato, wilted spinach, white onion gravy

### **Superfood salad £9.95 (vg)**

Kale, baby spinach, beetroot, watercress, fregola pasta, orange, toasted pumpkin seeds, tomato, garlic and oregano vinaigrette

**With lemon & oregano chicken fillet £13.50**

**Or pan-fried Scottish salmon £13.50**

**Or marinated halloumi £13.50 (v)**

### **Chargrilled Mediterranean**

**vegetable trofie pasta £10.95 (vg)**

pine nuts, melted mozzarella, red basil oil

### **Vegan "Caesar" style salad £10.50 (vg)**

Baby gem lettuce, smoked almonds, toasted bread crumbs, wasabi & avocado mayonnaise

**Add Chicken £13.50**

## SANDWICHES

ALL SANDWICHES ARE SERVED WITH A CHOICE OF:  
SOUP, SALAD OR CHIPS

### **Warm roast beef £8.95**

Horseradish cream, watercress, floury bap

### **Warm roast pork £7.95**

Apple and mustard compote, watercress, floury bap

### **Smashed avocado £8.75 (v)**

**With Chicken or Halloumi**

Tomato, spinach, toasted sourdough bun.

### **'Hot-smoked' salmon £8.95**

Shallots, baby capers, dill soya yoghurt dressing, served open on pumpkin seed bread

### **Roasted Mediterranean vegetables £8.50 (vg)**

White bean houmous, served open on beetroot bread

(v) Suitable for vegetarians

(vg) Suitable for vegans

\*\* (gf) Prepared with ingredients that are gluten free

## SIDES

**Chips £3.95 (vg) (gf)**

**Sweet potato fries £4.50 (vg) (gf)**

**House salad £3.95 (vg)**

**Mixed seasonal vegetables £3.95 (v) (gf)**

**Rocket, Gran Moravia and sun-blushed tomato salad £3.95 (v) (gf)**

**Cauliflower cheese £3.95 (v)**

**Creamy mash £3.95 (v) (gf)**

## DESSERTS

### **Chocolate brownie stack £5.95**

Whipped cream, warm chocolate sauce, double chocolate ice cream

### **Baked vanilla cheesecake £5.95**

Mixed summer berry compote

### **White chocolate and lemon mousse £5.95**

Dipping shortbread biscuits

### **Warm treacle tart £5.95**

Strawberries, Cornish clotted cream

### **Sticky toffee pudding £5.95**

Toffee sauce, sticky toffee ice cream

### **Mango and passionfruit baked Alaska £6.95**

Fruit coulis

### **Cheshire Farm ice creams and sorbets £1.95 per scoop**

Fresh berries, homemade biscuit

Please ask your server for today's selection of flavours

### **Cheese Board £5.50**

Bourne's Cheshire cheese, brie and Harrogate blue cheese

**WOULD YOU LIKE A COFFEE  
WITH YOUR DESSERT?**

**COFFEE AND CAKE £5.50**

Ask your server for today's choice  
of cakes or see our display

### **PLEASE ADVISE OF ANY ALLERGIES WHEN ORDERING**

A list of allergens that may be found in menu items or at the bar, is available upon request. Fish served may contain some bones.

\* Due to legislation regarding the cooking of minced meat, burgers will **not** be available pink and must be cooked through

\*\* (gf) We do not operate a dedicated gluten free area of the kitchen therefore contamination is possible

In order for us to provide you with the freshly prepared food you expect from The Metropolitan there may be a short wait in busy periods. We appreciate your patience and welcome all feedback on your experience

Food and drink is subject to availability.

All tips go to the team who served you