

THE
METROPOLITAN
BAR & DINING

DINING MENU

NIBBLES

Selection of marinated olives £3.95 (vg) (ng) **M**

Bread and olives £5.75 (vg) **M**

Breads, white bean houmous, oils, mixed olives

Garlic and rosemary focaccia £4.50 (v) **M**

Garlic butter, rocket leaves

Baked Camembert £11.95 (v)

Dipping breads, baby tomato and basil jam

Antipasto sharing board £14.95

Rosemary focaccia, olives, buffalo mozzarella, serrano ham, roasted garlic, artichoke hearts, chorizo, gorgonzola

Vegan sharing board £16.95 (vg)

Sweet potato hash, oyster mushroom bruschetta, chickpea stew, beer battered tofu, tomato jam, vegan hollandaise dip

Fish sharing board £17.95

Battered cod goujons, crayfish cocktail, beetroot gravadlax, fishcakes, bread shards, tartare sauce, dill soya yoghurt

STARTERS

Soup of the day £5.95 (v) **M**

Crusty bread, salted butter

Cajun spiced panko crusted calamari £6.95

Roasted garlic aioli, baby leaves

Goats cheese cheesecake £6.25 (v) **M**

Flaky pastry base, fig jam, redcurrant glaze

Beef brisket and white onion hash £6.95 **M**

Red beetroot, red wine gravy

Cod and chive fishcakes £5.95

Broad bean & potato salad, lemon & dill dressing

Slow cooked lamb and feta croquette £7.25

Minted pea puree

Pan-fried oyster mushrooms £6.25 (vg) **M**

Chargrilled pumpkin seed bread, vegan hollandaise

MAINS

Braised daube of beef £15.95 (ng)

Creamy horseradish mash, chunky root vegetable gravy

Chargrilled chicken supreme £13.95 **M**

Potato gnocchi, roasted butternut squash, peas, feta, broccolini, citrus dressing

Chestnut mushroom and spinach wellington £11.95 (vg) **M**

Kale pesto, vegetable gravy

Oven roasted cod fillet £14.95 (ng)

Roasted baby potatoes, cherry tomatoes, black olive tapenade, tomato and oregano dressing

Pan-seared venison haunch £16.25 (ng)

Rosemary and garlic dauphinoise potatoes, buttered kale, redcurrant jus

Salmon fillet £14.95 (ng) **M**

Roasted new potatoes, butternut squash and courgette spaghetti, sun-blushed tomato and spring onion tapenade

Chargrilled stuffed Romano peppers £11.25 (vg) (ng) **M**

Lightly spiced chick pea curry, rainbow chard, tahini dressing

Spiced belly pork £15.95 (ng)

Spinach & red lentil dahl, onion bhajis, raita

STEAKS

Frosty's chargrilled steaks

Slow roasted mushroom and tomato, watercress, chips

8oz rump steak £18.95 (ng)

10oz rib eye £22.95 (ng)

A sauce for your steak? 2.50 (ng)

Choose from: Peppercorn sauce,

Red wine jus, Blue cheese butter,

Mushroom & brandy sauce

TEATIME
AT THE MET

Monday–Friday, 5pm–7pm
2 COURSES for **£15** **3 COURSES** for **£17.95**
ON SELECTED DISHES MARKED **M**

MET CLASSICS

The famous Metropolitan burger £13.95

28 day aged chargrilled beef, bacon, burger sauce, cheddar or stilton, brioche bun, homemade chips

*Please read our burger policy in the small print below

Beyond Meat vegan burger £13.25 (vg)

Cherry tomato relish, vegan aioli, pretzel bun, chips

Frosty's sausages £11.95 M

Creamy mash, French style peas, red wine jus

Seafood pie £14.95

Smoked Applewood and saffron mash, soft free range hen's egg, mixed greens

Vegan sausages £10.95 (vg) M

Olive oil mash potato, wilted spinach, white onion gravy

Beer battered fillet of cod and chips

Large £13.50 / Medium £9.95 M

Mushy peas, tartare sauce, Maldon sea salt, sherry vinegar

PASTA & SALADS

Sweet chilli beef salad £12.95 M

Crunchy salad, sesame seeds

Seafood linguine £12.95 M

Mussels, crayfish, salmon, garlic, tomato, chilli, lemon, parsley

Chick pea fritter salad £12.95 (v) M

Burrata cheese, broad beans, peas, preserved lemons, artichoke hearts, radishes, sun blushed tomato and spring onion tapenade

Vegan "Caesar" style salad £10.95 (vg) M

Baby gem lettuce, smoked almonds, toasted bread crumbs, wasabi and avocado mayonnaise

Add lemon and oregano chicken £13.50

Gnocchi £10.95 (v) M

Roasted butternut squash, peas, feta, broccolini, citrus dressing

Superfood salad £9.95 (vg)

Kale, baby spinach, beetroot, watercress, fregola pasta, orange, toasted pumpkin seeds, tomato, garlic and oregano vinaigrette

With lemon & oregano chicken fillet £13.50

Or pan fried Scottish salmon £13.50

Or marinated halloumi £13.50 (v)

(v) Suitable for vegetarians

(vg) Suitable for vegans

** (ng) Prepared with non-gluten containing ingredients

PLEASE ADVISE OF ANY ALLERGIES WHEN ORDERING

A list of allergens that may be found in menu items or at the bar, is available upon request.
Fish served may contain some bones.

* Due to legislation regarding the cooking of minced meat, burgers will **not** be available pink and must be cooked through

** (ng) We do not operate a dedicated non-gluten area of the kitchen therefore contamination is possible

In order for us to provide you with the freshly prepared food you expect from The Metropolitan there may be a short wait in busy periods. We appreciate your patience and welcome all feedback on your experience

Food and drink is subject to availability. All tips go to the team who served you

SANDWICHES

12–5pm only

ALL SANDWICHES ARE SERVED WITH A CHOICE OF:
SOUP, SALAD OR CHIPS

Chargrilled minute steak £9.25

Caramelised onions, wholegrain mustard mayonnaise, rocket, sourdough bun

Chicken, avocado, smoked bacon £8.95

Baby gem, toasted bagel

Grilled halloumi £8.75 (v)

Red pepper houmous, spinach, sourdough bun

BGLT £8.75

Smoked bacon, guacamole, baby gem lettuce, tomato, seeded brown bloomer

Fishfinger butty £8.95

Cod goujons in beer batter, tartare sauce, baby gem lettuce, sourdough bun

SIDES

Chips £3.95 (vg) (ng)

Sweet potato fries £4.50 (vg) (ng)

House salad £3.95 (vg)

Mixed seasonal vegetables £3.95 (v) (ng)

Rocket, Gran Moravia and sun-blushed tomato salad £3.95 (v) (ng)

Creamy mash £3.95 (v) (ng)

Posh Chips; truffle oil, Gran Moravia, parsley £4.50 (v) (ng)

DESSERTS

Spiced plum crumble £5.95 M

Vanilla custard

Baked chocolate & Oreo cheesecake £6.25 M

Double chocolate ice cream

Vanilla crème brûlée £5.95 M

Shortbread biscuits

Warm pear Bakewell tart £5.95 M

Bakewell tart ice cream

Sticky toffee pudding £5.95 M

Toffee sauce, sticky toffee ice cream

Apple and raisin strudel £5.95 M

Winter Pimm's syrup, vanilla custard

Cheshire Farm ice creams and sorbets £1.95 per scoop

Fresh berries, homemade biscuit

Please ask your server for today's selection of flavours

Metropolitan cheeseboard £7.50 / £9.95

A selection of three or five of our British cheeses, with a shot of apple juice, spiced fruit compote, grapes, celery and savouries. Choose from:

Harrogate blue, Crabtree, Richard III Wensleydale, Mrs Kirkham's smoked Lancashire, Golden brie, Bourne's organic Cheshire

visit us at: themetropolitanwestdidsbury.co.uk